



College of Natural Sciences
Department of Kinesiology

Dear Interested Fitness Assessment Internship Student,

Our Fitness Assessment Program at California State University, San Bernardino is located in HP 121 laboratory. As a student you are required to complete at least 5 hours a week of fitness assessments over the 10-week quarter to fulfill your requirement for KINE 493 course. To be enrolled into KINE 493, you must have senior standing and to be considered for this internship you must have taken at least KINE 481.

Throughout the quarter you would refine your testing skills and test over 80 individuals, which include: heart rate, blood pressure, skin folds, flexibility, grip strength, push-up test, and sub-VO2 max bike test. During the 10-week period you will become more comfortable and skilled at administering fitness assessments, communicating information effectively, and understanding the importance of cardiovascular risk factors.

If you are interested in this internship, please see the attached application and fill it out and submit to Dr. Dabbs. Please feel free to ask any questions and we look forward to your application.

Sincerely,

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909.537.5349 • fax: 909.537.7085 • <http://kine.csusb.edu>

5500 UNIVERSITY PARKWAY, SAN BERNARDINO, CA 92407-2393

College of Natural Sciences
Department of Kinesiology

**Fitness Assessment Program
Kinesiology Department**

**Student Internship Application
Spring Quarter 2017**

Name: _____ Date: _____

Email: _____ Phone: _____ (home or cell)

Student Status: Junior Senior Major & Advising Track: _____

Internship: KINE 493 (*Undergrad – 50 hours*) Other _____

CPR Certified: Yes No Expiration Date: _____ ID #: _____

Other Certifications: _____

Coursework. Check below courses you have completed (*indicate Quarter Completed and Grade*) or courses that will be in progress during Winter 2017 (*indicate In Progress*).

- | | |
|---|---|
| <input type="checkbox"/> KINE 210 _____ | <input type="checkbox"/> KINE 370 _____ |
| <input type="checkbox"/> KINE 270 _____ | <input type="checkbox"/> KINE 410 _____ |
| <input type="checkbox"/> KINE 305 _____ | <input type="checkbox"/> KINE 480 _____ |
| <input type="checkbox"/> KINE 310 _____ | <input type="checkbox"/> KINE 481 _____ |
| <input type="checkbox"/> KINE 325 _____ | <input type="checkbox"/> KINE 486 _____ |
| <input type="checkbox"/> Other _____ | <input type="checkbox"/> KINE 483 _____ |

Availability: Please list all available times you would be available to attend during the Spring 2017 Quarter
(Interns must be able to attend a minimum of 5 hours/week).

Monday:	
Tuesday:	
Wednesday:	
Thursday:	
Friday:	

Please list any other available free times _____

Please also complete the back page of this application.

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Please describe any work experience or other practical experience that has prepared you to work in the Fitness Assessment Program.

Please explain why you are interested in working in the Fitness Assessment Program.

List two references (at least one of whom must be a KINE faculty member):

Name	Department/Employer	Phone

Return this application to Dr. Dabbs, HP 210 or Kinesiology Office HP 120.

If you have any questions please contact Dr. Nicole Dabbs at ndabbs@csusb.edu .

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