



College of Natural Sciences
Department of Kinesiology

**California State University, San Bernardino
Adapted Physical Education Added Authorization Program**

Mission Statement

The mission of the Department of Kinesiology, California State University, San Bernardino is to become a recognized leader in the field of adapted physical education. We intend to fulfill this mission by offering unparalleled opportunities and experiences in classes, seminars, field work experiences, clubs, and organizations dedicated to the study of adapted physical education.

The Adapted Physical Education Added Authorization (APEAA) program takes advantage of an infusion of information (about individuals with disabilities) throughout the undergraduate Kinesiology curriculum as the basis for more elegant academic preparation. That is, the APEAA program is designed to prepare effective teachers of adapted physical activity. These teachers will assess motor performance, prepare individual educational plans, implement instruction with effective teaching behaviors (instructional strategies), and evaluate the effectiveness (student achievement, teacher effectiveness, and curricular efficiency) of their work. To prepare effective teachers and to become a recognized leader in the field of adapted physical education.

Effective APE Specialists will be able to:

- a) Write IEP goals and benchmarks, design lesson plans, and implement appropriate instructional programs for individuals with disabilities
- b) Apply strategies for managing inappropriate behavior caused by organic and environmental and factors in individuals with disabilities in physical activity settings
- c) Appreciate health, safety, and liability considerations as it relates to standards of practices in adapted physical education.
- d) Employ measurement and evaluation procedures for assessing movement performance in individuals with disabilities.

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