COURSE: KINESIOLOGY 310
HISTORY AND PHILOSOPHY OF HUMAN MOVEMENT

INSTRUCTOR: DR. GRENFELL

OVERVIEW: The historical and philosophical perspectives of human movement are combined in this course to provide the student with a better understanding of present programs. The course could be characterized as a history of ideas with regards to sport and human movement programs. The focus is on the evolution of thought in western civilization with particular emphasis on the relationship between mind and body and how that relationship has changed over time.

TEXT: A HISTORY AND PHILOSOPHY OF SPORT AND PHYSICAL EDUCATION
Robert Mechikoff and Steven Estes

COURSE OUTLINE:

An Introduction to the historical and philosophical processes Chapter 1
branches of philosophy
terminology
philosophic systems (schools of thought)

American Physical Education and Sport
Colonial era Chapter 11
The nineteenth century Chapter 9, 10 & 12
The “new physical education” Chapter 9, 10 & 12
The twentieth century Chapter 10, 12 & 13

The Influence of Western thought
Ancient Greece Chapter 1 & 3
Ancient Rome Chapter 4
Middle Ages Chapter 5
The Renaissance and the Reformation Chapter 6
Science and Enlightenment Chapter 7
European and British Influence Chapter 8

The Modern Olympic Games
Pierre Coubertin Chapter 14
Political History Chapter 14

Perspectives on the discipline and profession Selected Readings

ASSIGNMENTS AND EVALUATION
Midterm Examination 100 points
Final Examination 150 points
Author analyses* 150 points
Philosophy Paper* 100 points

Total points 500 points

Grades will be determined by the percentages listed below:

93 - 100 = A  78 - 79 = C+  below 60 = F
90 - 92 = A-  73 - 77 = C
88 - 89 = B+  70 - 72 = C-
83 - 87 = B  68 - 69 = D+
80 - 82 = B-  63 - 67 = D
  60 - 62 = D-

*guidelines are attached
AUTHOR ANALYSIS

1. Two comparison papers are required. The first set of authors (see reading list) is Thomas Wood (1910) and Jesse Williams (1930). Compare the ideas and influence of each author in a two page paper. The second set of authors is Franklin Henry (1964) and Mike Ellis (1986). Compare the ideas and influence of each author in a two page paper.

3. In addition, the John Fairs article (1968) is to be summarized in two pages minimum.

4. Due dates will be determined in class. Each paper is worth 50 points.

5. Put a cover page on each assignment, staple in the upper left corner. Do not use folders! The cover page should have the following information:

   Article Title(s) and author(s)

   By
   (your name)

   course title
   date
   Dr Grenfell